



The Golden Thread and Preparation for Adulthood (PfA)

When planning and preparing support for a child or young person with SEND, their aspirations, needs and planned outcomes should be related to one another (a person centered approach). This relationship should be clear throughout a plan as a 'Golden Thread'. The diagram below illustrates how person centered approaches that are focused on the young person's aspirations can move them toward leading as independent a life as possible. This is progress towards the PfA outcomes.

