**Why I need to protect my Nannie and Grandad**

**We have a new virus called COVID 19 that is making some people very poorly. The Doctors and medical scientists are still finding out lots of information about COVID 19.**

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**COVID 19 seems to make people who are older like grandparents more poorly than younger adults and children.**

**In fact most children do not seem to be very affected by it.**

**The government have asked everyone, for now, not to meet up with grandparents indoors in order to protect them.**



**Medical scientists are currently working hard to find the best medicines that will help grandparents get better if they become ill.**

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**Until then they have told us it is best to meet grandparents outdoors and to keep a distance between us of about 2 meters. This means we can’t hug or kiss them just yet.**

**The Government will tell us when it is safe to meet our grandparents indoors and when we can get closer to them.**

**Then we will be able to meet with our grandparents like we did before and give them the biggest hugs and kisses we can.**

**In the meantime :**

**I can meet with Nannie and grandad in the garden (and remember to keep at a distance).**

**I can phone or face time Nannie and Grandad.**

**I can blow kisses and tell them how much I love them.**

**I can make them small gifts like pictures and cards.**