**PSS: Supporting My Child with Dyslexia**

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| **Learn to Touch Type** |
| **If you have access to a computer, you might want to consider using this to teach your child to touch type**.    **What is touch typing and why is learning to touch-type such an important skill to have?**  Any child with dyslexia will be an adult with dyslexia and being able to use a keyboard will be an invaluable life skill.  It reduces the need for handwriting which can often be a challenging area for those with dyslexia.  Touch Typing (or any typing) provides access to the support that technology can bring for writing e.g. autocorrect, spelling and grammar checkers etc.  The more a person improves their typing skills, the more it becomes an automatic skill just like learning to ride a bike!  When typing you become used to the pattern of letters. This muscle memory helps with common letter combinations e.g. "ight", occurring in words such as "fight", "light" and "right"  Once touch typing becomes an automatic skill, it is much easier to concentrate on the creative aspects of writing; this helps children and young people with dyslexia play to their strengths, without having to worry about the process of putting letters together to form words. |
| **Top Tips When Learning to Touch Type** |
| **Make it fun!**  Use programmes that are games-based to introduce your child to touch typing  **Little and often**  Touch typing programmes are designed for your child to work on independently. Find pockets of time during the day when they can have a go on their own and keep the sessions short  **Access free resources available on the internet**  There are a number of programmes that can be accessed for free |
| **Touch-typing Resources** |
| **Free resources**   * **BBC Dance Mat Typing:** <https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr> * **Big Brown Bear:**   <https://bigbrownbear.co.uk/learntotype/>   * **Doorway Online**:   <https://www.doorwayonline.org.uk/typing/>   * **Kidztype:**   <https://www.kidztype.com/>  **Further resources**  These incur a cost, although they may be offering significant discounts during COVID-19)   * **Nessy Fingers**   <https://www.nessy.com/uk/product/nessy-fingers/>   * **Touch-type Read and Spell**   <https://www.readandspell.com/> |