Having a COVID Test at School
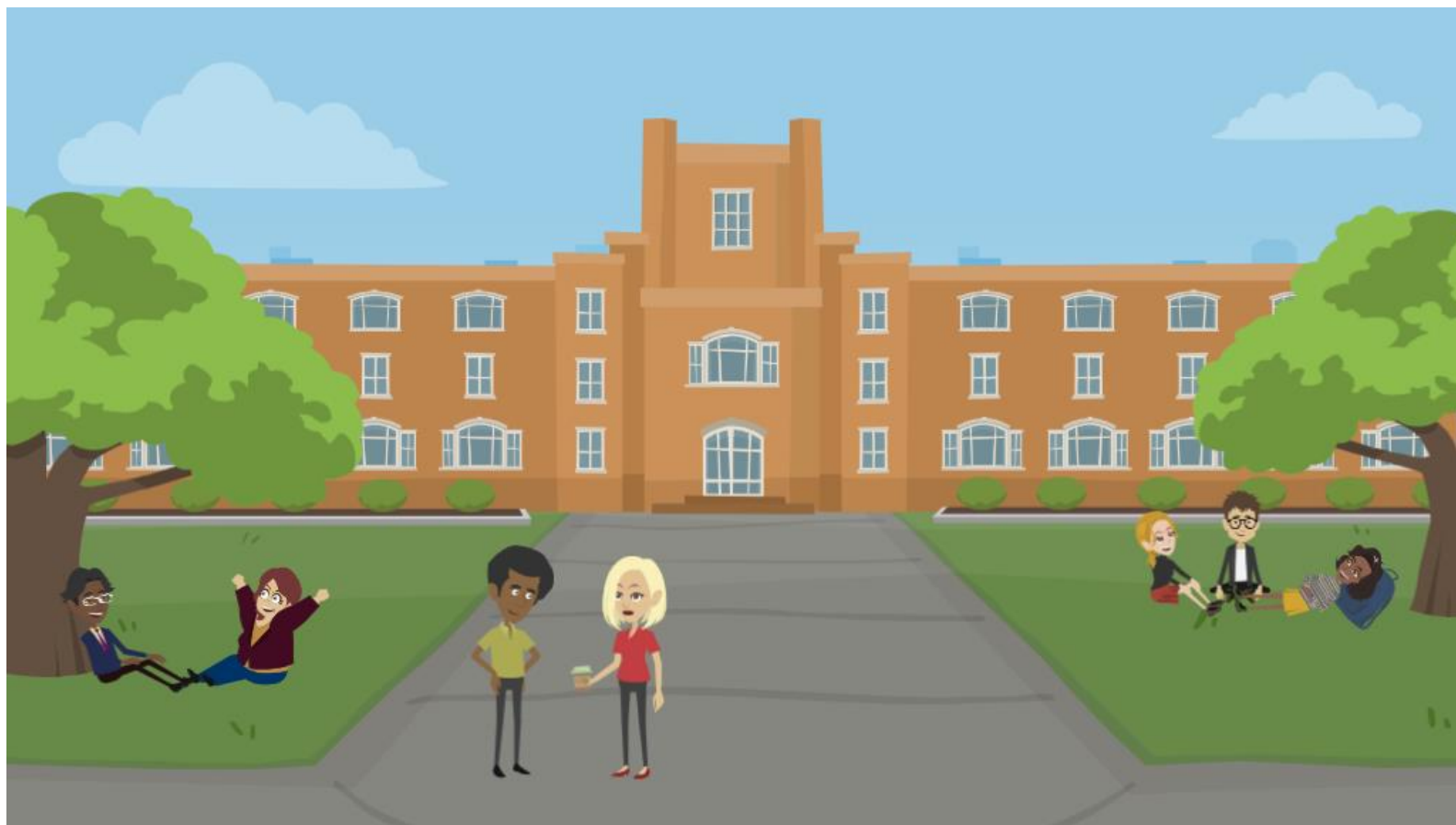
I will need to have a Covid test at school.

Testing people for COVID-19 is important because some people can have the virus, without feeling ill. This makes it easier for the virus to spread to other people. Testing everyone at school will help to stop the virus from spreading, which will help to keep us all safe.

Lots of people all over the world will need to have a test. People such as footballers, politicians, doctors, nurses, and popstars are all having tests regularly to keep themselves, their families and other people healthy and safe.

Some people have COVID-19 tests at the doctors or at a drive through testing site, but pupils and staff in secondary schools are having them at school.

Having a COVID-19 test may make me feel a bit worried, but it will be okay.
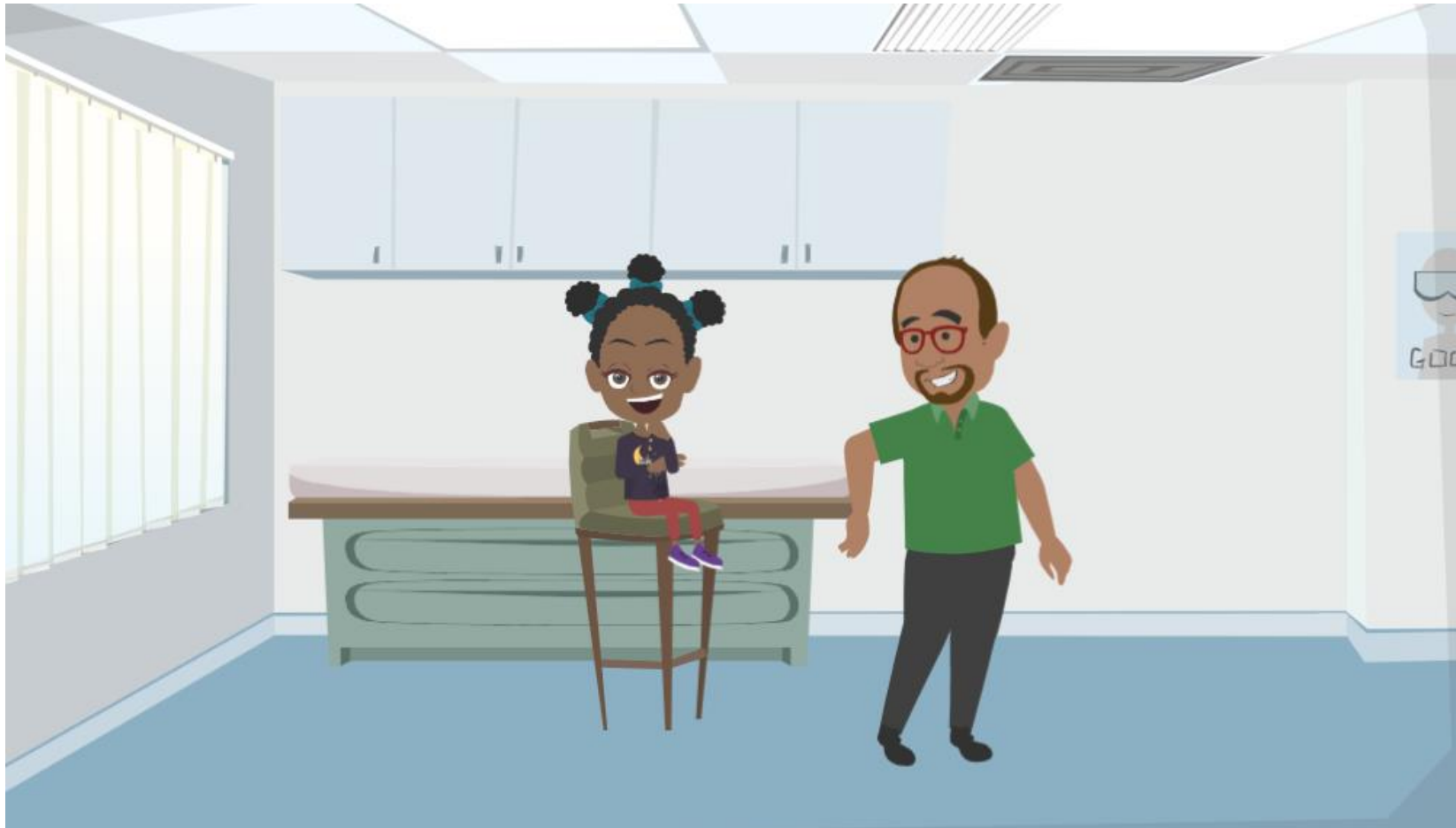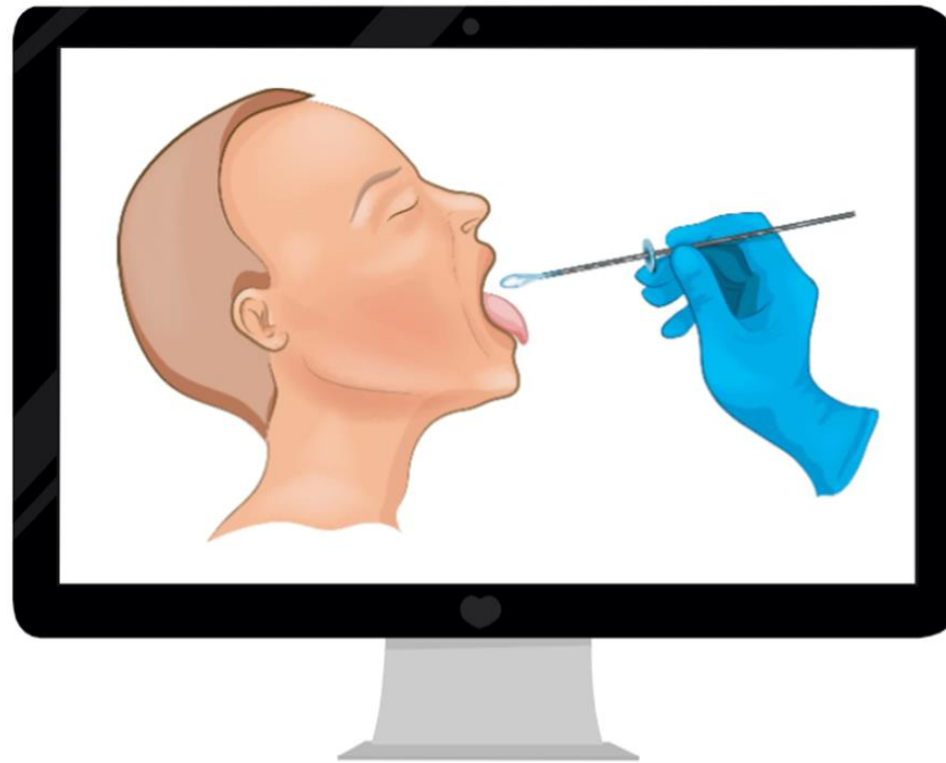
When I have my Covid test done at school, someone will be sitting near me to explain and make sure I am okay. I should try to remain calm, sitting or standing still, so that it can be done more easily and quickly.
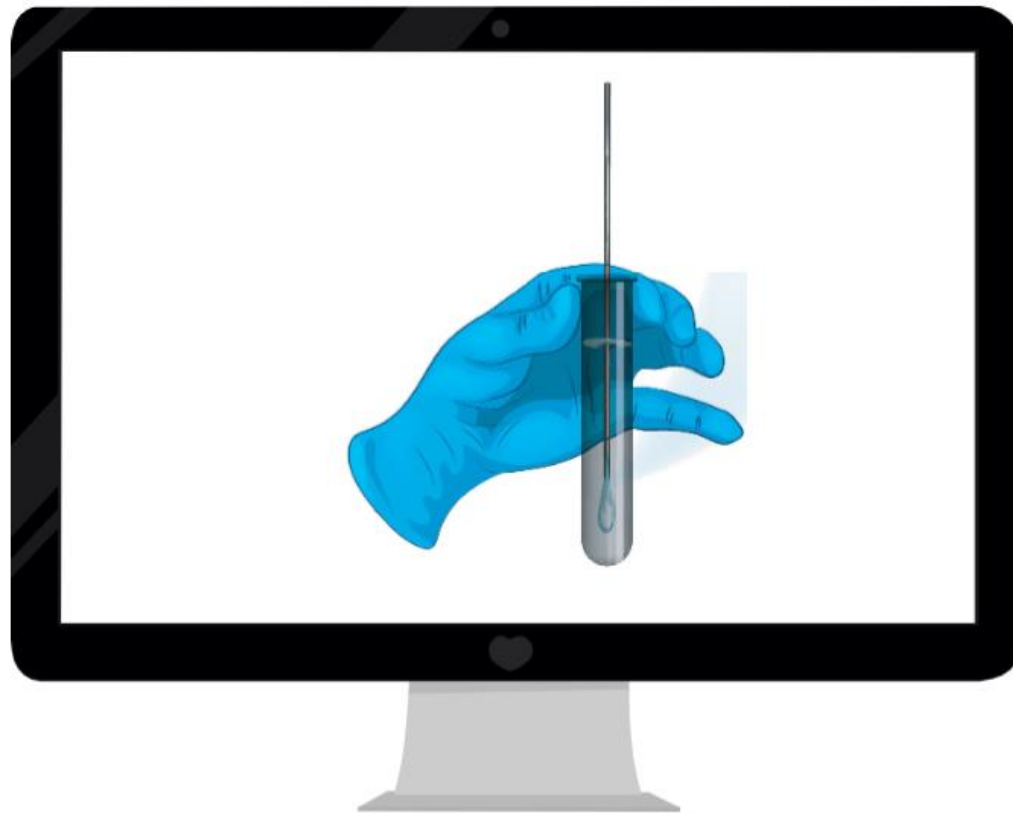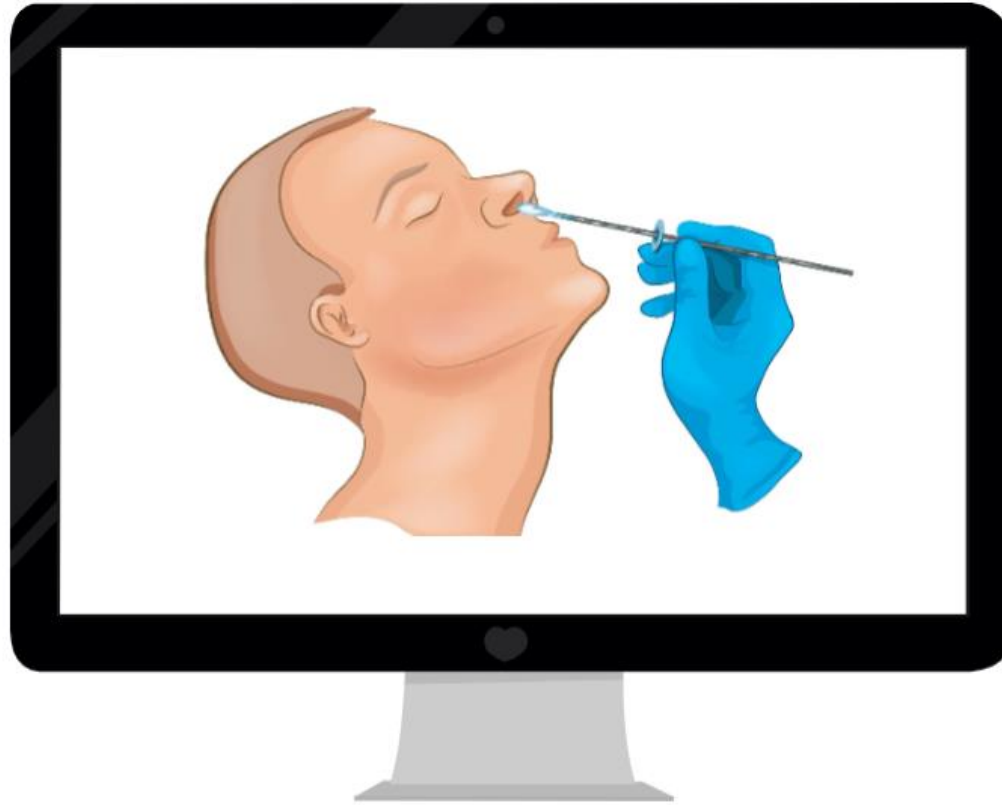
A swab will be used for the test. A swab is like a large cotton bud.

I will have to press it at the back of my throat and move it around for 10 seconds. This might be uncomfortable and make me gag, but this is normal, and I will be okay afterwards.

Then I will have to take the swab and put it up one of my nostrils and move it around for 5 seconds. This may make me sneeze, but this is normal, and I will be okay. After this I will have to put it in the other nostril and move it around for another 5 seconds.

I will then hand the swab to someone else to complete the test.
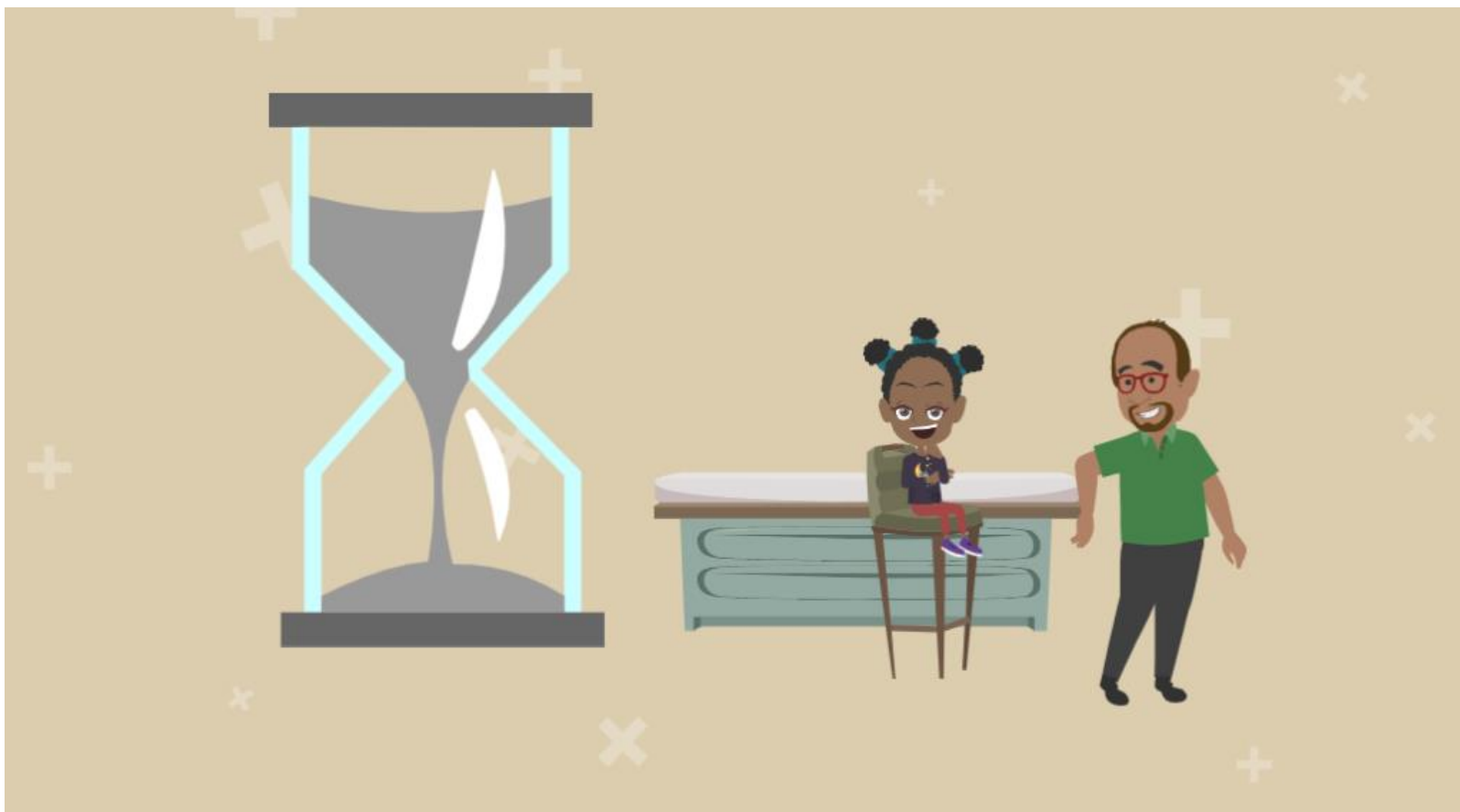
I will then wait for the test results which usually takes around 15 minutes.

I may need to have the test done each week at school like everyone else, but I will get used to it and I can talk to a member of staff if I am worried.

Getting a test may not be fun, but it will help to keep me safe and keep everyone else safe too.