

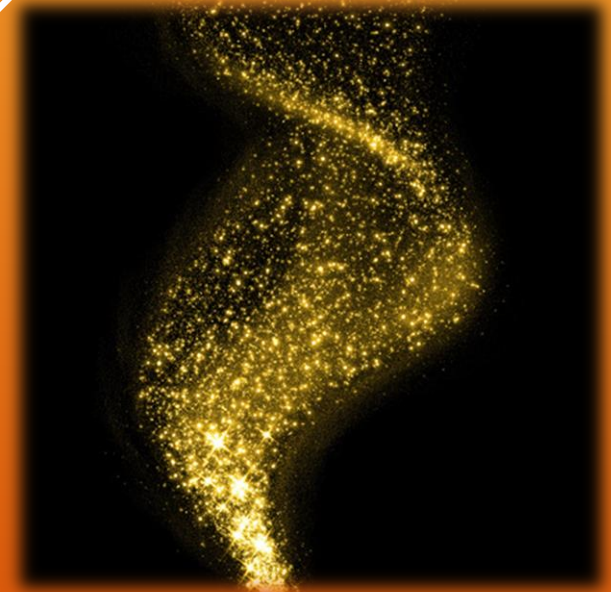


Anita Devi  
[www.AnitaDevi.com](http://www.AnitaDevi.com)

Twitter: @Butterflycolour

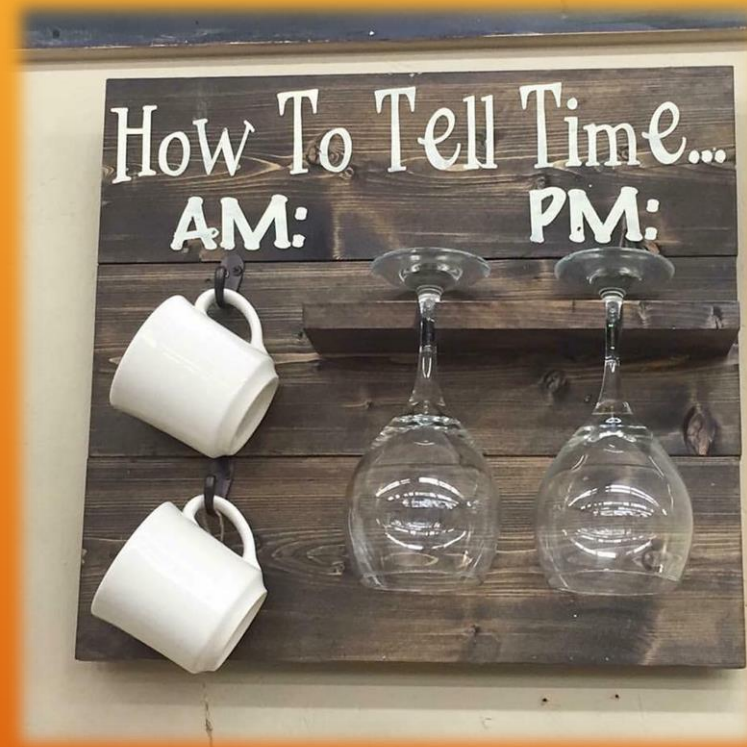
#TeamADL

# SENCOs are like gold dust



Access  
to  
Education

 #StrategicSEND | #A2ESENConf



- ▶ Panoramic perspective that:
  - ▶ Considers the wider dimensions of the system in decision making
  - ▶ Recognises the whole is greater than the sum of its parts
  - ▶ Values a **20:80** ratio

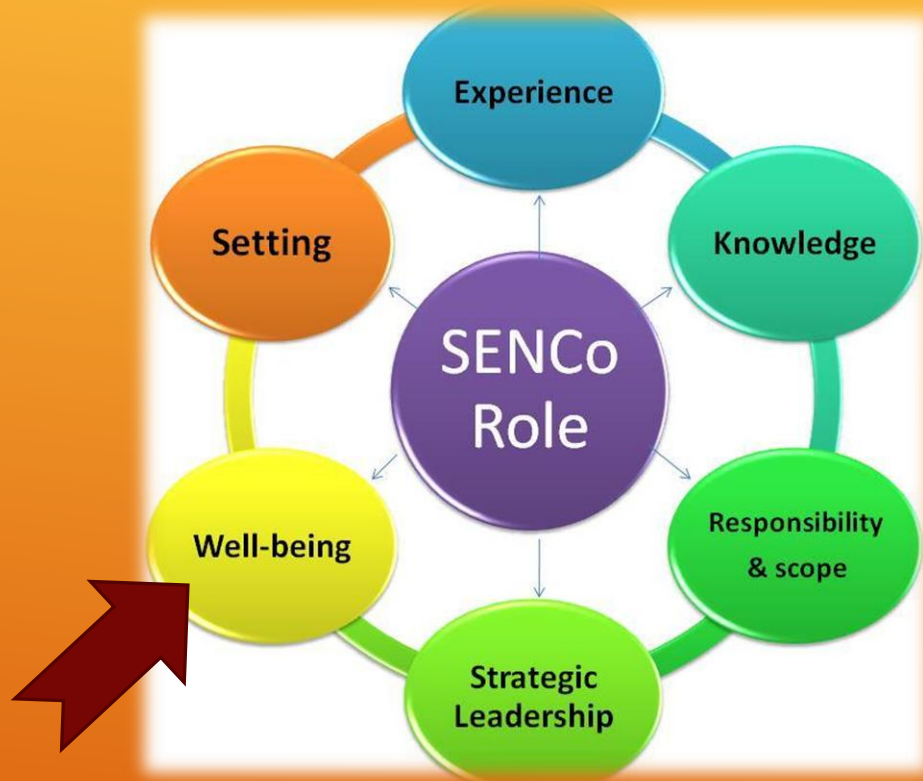
STRATEGIC

- Anita Devi





## ► SENCO Identity



**Research:** (unpublished) Five Years On...and still 'knackered': The voice of Special Educational Needs Coordinators 2005 to 2010






- ▶ SEND ITT Toolkit 2017 **ECF**
- ▶ SENCO wellbeing (2009, nasen AGM) → **#senco5aday (3Ps)**
- ▶ PhD – PD of SENCOs (post NASENCO in context of 2014 Reforms) by 2020 **Ongoing Career Development**
- ▶ BELMAS #SENDrig (2) Next meeting **13<sup>th</sup> March 2019 ALL welcome**
- ▶ In addition to school-based planners, Lead SEND across a MAT: **Strategic Planner**


# CURRENT

A teacher takes  
a *Hand*, opens  
a *Mind* and  
touches a *Heart*



SENCO

~~A~~ teacher takes  
a *Hand*, opens  
a *Mind* and  
touches a *Heart*



... and manages a large team, does the paperwork, support staff, meets with parents, handles budgets, updates knowledge and prepares for in/out going learners.

WHY SENCO WELLBEING?

#SENCO5aday



## Activity 1:

SENCO Wellbeing  
starts with **Identity** ...

### SENCO: One Page Profile

Name:

Date: 22nd May 2018



**#1 What's important to me?** (In the 1<sup>st</sup> person, give details & include all aspects of your life e.g. 'Having fun at work – I enjoy harmless practical jokes and time to sit/relax with people over lunch or coffee')

**#2 What others admire about me?**

**#3 How best to support me?** (In the 1<sup>st</sup> person, be specific e.g. 'I am a glass half full person and it helps me enormously when people look for solutions and not problems. I find it draining if I am the only optimist')



Activity 2:


# ... & Culminates in weekly **BINGO**



SENCO: WEEKLY BINGO

Name: \_\_\_\_\_

Date: 22nd May 2018



1	9	6	10
11	13	2	8
14	3	15	4
16	7	5	12
BONUS	BONUS	BONUS	BONUS

SENCO GOLD DUST | A

Except 2, 4, 10, 12, 13



- ▶ Based on Foresight's 'Mental capital and wellbeing' project (2008) which considered how to improve everyone's mental capital and mental wellbeing through life.
- ▶ Evidence suggests that **a small improvement** in wellbeing can help to decrease some mental health problems and also help people to flourish.
- ▶ Their findings, produced by the New Economics Foundation (NEF) on behalf of Foresight, set out **5 actions** to improve personal wellbeing:
  - ▶ **connect**
  - ▶ **be active**
  - ▶ **take notice**
  - ▶ **keep learning**
  - ▶ **give**



#SENCO5ADAY



#senco5aday



2

4

10

12

13

Connect	Exercise	Notice	Learn	Volunteer
'Together, we can explore wider horizons'	'melody + movement = magical movements'	'The little tings touch our hearts in a BIG way'	'There is always a little further to travel'	'Sharing is such fun'

2018 ...





THE VISION –  
PERHAPS?





**Sent:** 08 March 2016 20:52  
**To:** Evelyn Prysor-Jones  
**Subject:** RE: [ebook] Take control of your time

Hi,

After an incredibly difficult day where I came home full of anxiety and feeling overwhelmed by my enormous workload, I sat down to trawl through my never ending trail of e-mails only to find the one below.

I admit I normally delete such e-mails as I "don't have time" however the title of the e-book seemed too good to be true after the day I have had! I initially thought "this seems like what I need-I will read it after I've done XYZ" however (thankfully!) Something made me read the e-book. I am so glad that I did. Not only was I totally overwhelmed by my workload I was emotionally and physically tired thinking of the challenges in front of me. Reading this book has energised me and given me practical strategies, that seem simple but so useful and I am eager to try them. Tomorrow I am pressing pause at work and sorting out my diary, office space and drawers full of 'to do lists' and I'm taking control of my time.

Thank you! Thank you! Thank you!

Laura.

SENCO (Academy)



# Take control of your time

Time management strategies and  
case studies for SENCOs

**Forward:** Story of an NQT  
5 years in to post ... what  
helped her.

MARCH 2016



[www.sendreviewportal.net](http://www.sendreviewportal.net)

# Opportunities

## SEND LEADERSHIP AND MANAGEMENT | RIG

We are delighted to introduce our newest Research Interest Group (RIG): SEND Leadership and Management. The remit for this RIG is to consider a professional development pathway for leaders of SEND (in a variety of settings) beyond the National SENCO Award to ensure sustainability and retention of trained practitioners. To that end, their intent is to publish a paper on possible solutions for 'SEND Leadership: The Way Forward'. The RIG aims to meet face to face three times a year, with core members and a limited number of additional invitees/guests.

### Proposed Dates:

- 10<sup>th</sup> October 2018 11-3pm
- 13<sup>th</sup> March 2019 11-3pm
- 25<sup>th</sup> September 2019 11-3pm

Venue: Milton Keynes

The SEND RIG will be led by two co-ordinators. The primary co-ordinator is BELMAS Member, Anita Devi, who won The International Educational Leaders Award 2017 for her work on the SEND Leadership Pipeline.

The Group actively seeks contributions to the RIG from SEND Leaders who have been in post less than 5 years and those in post more than 10 years, as well as individuals responsible for line management of SEND Leaders. Interested parties should send their 2-page CV and a 500-word summary on why they wish to participate in the SEND RIG to [info@belmas.org.uk](mailto:info@belmas.org.uk).



# #SENDrig



# Finally

## OUR DEEPEST FEAR

Our deepest fear is not that we are inadequate.

Our deepest fear is  
that we are powerful beyond measure.  
It is our light, not our darkness that most frightens us.  
We ask ourselves, who am I to be brilliant,  
gorgeous, talented, fabulous?

Actually, who are you not to be?  
Your playing small does not serve the world.  
There is nothing enlightened about shrinking so that  
other people won't feel insecure around you.  
We are all meant to shine, as children do.

It is not just in some of us; it is in everyone.  
And as we let our own light shine, we unconsciously give  
other people permission to do the same.  
As we are liberated from our own fear, our presence  
automatically liberates others.

by Marianne Williamson

